



Ladies Teams and Coaches 2021



Team	Team Coaches & Co-ordinators	Telephone No:
Younger to U7	<u>Mixed Ladies & Lads</u> Trish Tobin Noel Sammon Jenna Brannock Caroline Bailey John Barker	087 943 5634 087 645 1472 089 601 5847 086 353 3964 086 849 3394
Under 8 & 9	<u>Mixed Ladies & Lads</u> David Brannigan Flan Hassett Frank Maguire	087 126 1529 087 978 6660 083 4465764
Under 10	Caroline Bailey	086 353 3964
Under 11/12	Hugh O'Byrne Nicky Cousins Suzanne Flanagan	086 324 4271 087 750 1051 086 850 4738
Under 14/15	Jenna Brannock Sandra Dillon	089 601 5847 087 238 8767
Under 17/18	Ciara Prendergast John Browne	087 986 4705 087 830 0124
Seniors	Sean Dunne Seamus Brady Kevin Brannock Rita Kehoe	085 174 3403 089 490 7704 087 748 7805
Strength & Conditioning	Tommy Sheehan	

Ladies Coaches and Mentors shall:

Always remember that people participate for pleasure and winning is only part of the fun. Place the well-being and safety of all people involved (player, visiting player, supporter, or any other) above development or performance and fully adhere to all rules, guidelines and codes of conduct laid down by the LGFA, GAA and by the club. Ensure that all players get the chance to play and get to try different positions. Create opportunities for participants to learn appropriate sports behaviour as well as skills. Give priority to free play activities, skills learning and activities that are structured to optimise the level of fun, friendship and fair play. Ensure that people train and play in a safe, supportive and stimulating environment where they are encouraged to risk error, to learn and to derive maximum enjoyment from their involvement. Ensure that activities are appropriate to the age, maturity and ability of the players. Keep up to date with coaching practices and qualifications and the principles of physical growth and development. Help people that participate to understand that playing by the rules is their responsibility. Relate to each, officials, oppositions players, coaches, mentors and supporters in a courteous and polite way. Endeavour to ensure that everyone involved, whether as players, parents/guardians, spectators, supporters, coaches, mentors, teachers, officials, etc., adhere to the key underpinning principles, and give expression to, the GAA 'Give Respect, Get Respect' initiative. Lead by example and encourage players to have a lifelong involvement in all aspects of the club.

This is not an exhaustive listing of the remit and/or responsibilities of the Ladies Coaches and Mentors.

As well as playing on girls only ladies teams all girls are very welcome & encouraged to play on the Underage / mixed teams up to under 12 level.