



## RETURN TO PLAY - GUIDELINES AND INSTRUCTIONS FOR TEAM OFFICIALS (COACHES, MENTORS, MANAGERS, Etc.)

1. **Prior** to returning to Suncroft GFC all Coaches, Mentors and Team Managers must:
  - a. Ensure that they are registered with the club for the 2020 season. Register at the following link; <https://www.suncroftgfc.com/registration-1>
  - b. Ensure they are fully aware of the Guidelines on the Safe Return to Gaelic Games document and confirm to the club that they have watched the GAA online education course, at the following link; <https://courses.gaa.ie/Covid19ClubEd>
  - c. Complete the Health Questionnaire on the GAA and LGFA online systems, at the following link; <https://returntoplay.gaa.ie/> Questionnaire and other help available at; <https://www.suncroftgfc.com/covid-19>
2. Seek medical advice if they have any underlying health conditions before returning to club activity.
3. Prior to returning to Suncroft GFC the coach of each team/group must ensure and validate that players/the parent or guardian:
  - a. Are registered with the club
  - b. Have confirmed to them that they have watched the GAA online education course.
  - c. Have completed the questionnaire on the GAA online system.
4. Prior to each training session the coach must get confirmation of attendance from each player/parent and confirm that medical circumstances as disclosed in the questionnaire have not changed. Please ensure that no player or anyone in the household is displaying COVID-19 symptoms, if they are, ask them to remain at home and contact their GP. Remind all players only to travel to training with those from their household.
5. Prior to training, sanitise all equipment to be used in the session. Set up training sessions in accordance with the GAA and/or LGFA guidelines only.
6. Ensure that players have clean sports gear, clean (washed) hands and are wearing everything necessary for the training session. Dressing rooms will not be in use.
7. Ensure they bring gloves, gum shields and a clearly marked, distinctive water bottle.
8. While it is not mandatory to wear face masks while training, players and coaches may wear one if you so wish. ).
9. Guidelines for training are evolving and changing as time progresses. Coaches should ensure they are always up to date with the latest GAA and LGFA guidance. Train in accordance with the GAA and LGFA guidelines only.



10. Arrange for parents to act as stewards in the car park and that they drop off players at training and leave promptly. For adult players please ensure that they leave the club immediately after training.
11. Ensure that all players sanitise hands and put on gloves before entering the training/pitch area.
12. Remind players of cough and sneeze etiquette and that spitting is not allowed.
13. Do not conduct team meetings before, during or after sessions and disperse all players as quickly as possible after training.
14. After training if you are informed that any player is displaying any symptoms of COVID-19 please inform the club immediately.

There is no pressure on players to return to play if they are not comfortable doing so. Whenever they choose to return they will be very welcome.

*Thank you for your cooperation.*

15 July 2020